**Pin Oak Middle School Cheerleading Tryout Packet**

**2020-2021 Cheer Team**

Thank you for your interest in trying out for the cheer team/Charlie the mascot.

***To complete the cheer application, please fill out the Google form on the website.*** [***https://forms.gle/oWtpGDnx5tFoH4Xe9***](https://forms.gle/oWtpGDnx5tFoH4Xe9)

***Applications are due by Friday, January 8th at 4:00 PM. No late applications will be accepted.***

Current 7th and 8th graders are eligible to try out. 6th along with 7th graders can try out for the 2021/2022 Cheerleading team later in the spring.

**Cheer Team Vision**

Assemble a team of high-spirited athletes who excel at cheerleading, who uphold the values of Pin Oak Middle School, and who are ambassadors to the school among their peers and within our community.

**Cheer Try Out Dates**

Tuesday, December 8 – 3-5pm POMS – physicals $15 cash

Wednesday, December 16 – Parent meeting via TEAMS 6pm

Friday, December 18 – Tryout routines posted on the Pin Oak website by 5pm

Friday, January 8, 4pm – Cheer Team applications due

Friday, December 18 – Tuesday, January 12 - Applicants work on routines at home using the videos posted on the website

Wednesday, January 13 4pm - Mock in person tryouts in POMS gym

Thursday, January 14, 4pm – Live in person tryouts in POMS gym in front of independent panel of judges

Friday, January 15 – 2020-2021 Cheer Team announced after school on POMS website; link will be provided

Tuesday, January 19 – 2020-2021 Cheer Team uniform ordering

There will be a panel of three independent judges evaluating each applicant. Selections by the independent judges are FINAL.

**The following must be completed before you can participate in tryouts:**

* Cheer Team/Mascot Tryout Application using Google forms including a one-page double-spaced essay using prompt on cheer application [***https://forms.gle/oWtpGDnx5tFoH4Xe9***](https://forms.gle/oWtpGDnx5tFoH4Xe9)
* UIL Physical Evaluation and Medical History Form (Preparticipation Physical Evaluation) - 2 pages, including physical signed by doctor.
* Provide copy of front and back on health insurance card.

This year we will be using the Register my Athlete portal. We will learn together using this portal.

Register my **Paperwork:**

Register my athlete: [**https://www.registermyathlete.com/**](http://email.membershiptoolkit.com/ls/click?upn=iKpa70ntmsIg0j801x7s-2B9tZKITmOFQ4QFGEPO8EWFeS8-2BXy4E1KQeEs6CgI0NbYH-i8_habeKtm5RzvvaAzASm3ixJJf-2Bjv1PolON4l4cdok4uzdqcAa5OmPiV2lZP9bkwGb-2Fk5L6c4Ox73C53ofBVMh0ansZfMiSkC6kPFnSTYgfLfobzSPTSuILy0zoECOjQCrpmyLh7jv7RxDxGL82FpgnaGnJFq7iuYpE-2Fxchuk1J0Deil7EZWLx9BsDHqbgpeS8SFb4zvnvBRq4YnN7tNnePDJff0Th4TuHZqKkSg1P-2FQu7kmDdYtRI-2BWBMU4UUTdB6ICEBXF-2BxZktNsF7snAd4yogi-2BzCOOF-2FkHq92ih1-2FX3KdFFRFbmfgbVHogjdPmDIfo7WqFje9Tiw7vdS6sTTqxhpbbMaZHJ3KV6yXWopXA6lNxy-2Fzd8wBikxTIMuJBGslIYVFXYY9V2B6xoj3AhIrGQ-3D-3D)

Parent tutorial: [**https://www.houstonisd.org/Page/185198**](http://email.membershiptoolkit.com/ls/click?upn=iKpa70ntmsIg0j801x7s-2B-2Bhz5t89oVLdzVRLoxqyx6iFiaBjLCZph3h6Jt26TKWTpIPV_habeKtm5RzvvaAzASm3ixJJf-2Bjv1PolON4l4cdok4uzdqcAa5OmPiV2lZP9bkwGb-2Fk5L6c4Ox73C53ofBVMh0ansZfMiSkC6kPFnSTYgfLfobzSPTSuILy0zoECOjQCrpmyLh7jv7RxDxGL82FpgnaGnJFq7iuYpE-2Fxchuk1J0Deil7EZWLx9BsDHqbgpeS8SFb4zvnvBRq4YnN7tNnePO-2Bbf3yb2uQNSBf3-2BjWNLjg1Mmh4f49GBwMzFhJ57y-2Br3MjvUhn51S0XH4TfA78unyzYD9MZQRVuY6KQWuW-2Bkzvl7XfYCL-2BV-2BJsdOGThswPWLM-2Fxjiy-2FAsExk-2FQ26vlVMdaBd3xzPWoKHS3QqoWeLH01nxcXV92SoOIsVdl5D-2BBE2HGAy3ALSgMqX8oHLHxB9w-3D-3D)

**COVID-19 Guidelines for Athletics:**

[**https://www.uiltexas.org/policy/covid-19**](http://email.membershiptoolkit.com/ls/click?upn=iKpa70ntmsIg0j801x7s-2BzCxOM4YtrJmfe3IcFmExdQcrXtaxyCC0sSvmz7BRjpM-iwa_habeKtm5RzvvaAzASm3ixJJf-2Bjv1PolON4l4cdok4uzdqcAa5OmPiV2lZP9bkwGb-2Fk5L6c4Ox73C53ofBVMh0ansZfMiSkC6kPFnSTYgfLfobzSPTSuILy0zoECOjQCrpmyLh7jv7RxDxGL82FpgnaGnJFq7iuYpE-2Fxchuk1J0Deil7EZWLx9BsDHqbgpeS8SFb4zvnvBRq4YnN7tNnePPfucxlpIV0dtteS-2FSpzv6Ycf2tbHqZmeVqGhO6LUG197s3iBUU89S91Hgumtr4fNkRZa5K0uXFrLI-2BzTksTgVVweAEBkcFMT4tg22SHgDJE5CyVZMIOqRPuGcJVXTVeHZpky0lnSpKY3OnpBgVr2ooNYLvRGc0Ds4vvD7-2BJmzRYu1zGeE10vmA2T4tm3NRt-2Bw-3D-3D)

NOTE - Usually these forms need to be completed as well. For now let’s focus on getting physicals and a copy of the front and back of your health insurance card. As soon as these forms are available from HISD, these forms will need to be completed.

* HISD Athletic Department Insurance Waiver – does NOT have to be notarized. We will coordinate with the admin team to sign.
* HISD Athletic Department Parent’s Approval for Participation in Athletics and Emergency Medical Authorization
* Sudden Cardiac Arrest Awareness Form (2 Pages)
* Concussion Acknowledgement Form
* UIL Parent and Student Agreement/Acknowledgement Form Anabolic Steroid Use and Random Steroid Testing
* Acknowledge of Rules – (2 pages)
* Student Media Consent and Release Form

**Selection of the cheer team will be based on the following:**

* Performance of a cheer, chant and dance that was learned virtually
* Crowd Appeal, Projection (energy, enthusiasm, confidence), Dance, Motions, Jumps, Tumbling
* Selections by the independent judges are FINAL

**What to wear for mock tryouts on Wednesday, January 13 and live tryouts on Thursday, January 14**

* Please wear dark colored shorts (black or navy) and a solid white t-shirt. Your hair must be off your shoulders and out of your face. No jewelry should be worn and no artificial nails.

**Commitments – this year we have to be flexible. We will cheer at as many games/activities as possible. It is our understanding that only 10 cheerleaders can cheer at a time. We may have to rotate who cheers when for which event. Thank you for your flexibility and understanding.**

**Spring Semester – Host a Cheerleader for a Day Junior Clinic – if we are able to have this, we may try to do this fun community event.**

This is generally held the first Saturday in April and all cheerleaders are expected to participate. At the clinic, K-7th graders learn a dance, cheer and chant taught by the cheer team. This is a great way for the team to demonstrate leadership skills and give back to the community while raising money for the school athletic fund.

**Eligibility**

A student will become ineligible to cheer if they fail a class. Eligibility will resume after a passing grade is recorded.

**Estimated costs**

This year we will be ordering two tee-shirts, a pair of black shorts, a skort and a mask. Since we are cheering for only one semester we are really trying to keep the cost down. We estimate the cost at about $100/cheerleader. We have poms we can use. Each cheerleader will need to provide their own white anklet socks and white shoes to cheer in. Any duffle bag that you have will be fine. Duffles are mostly needed for a water bottle and personal belongings.

**Other**

Cheerleaders will be expected to wear spirit wear to school on game days. Cheerleaders are the face of the school and should be good ambassadors of our school and community and maintain good grades, good conduct, good citizenship, effective leadership, and high-spirited enthusiasm in and out of the classroom.

**Selections by the independent judges are FINAL.**

***CHEER APPLICATION MUST BE COMPLETED AND SUBMITTED ONLINE BY FRIDAY, JANUARY 8, 4PM***

***NO LATE SUBMISSIONS WILL BE ACCEPTED***

***PARENT’S DRIVER’S LICENSE and HEALTH INSURANCE CARD WILL NEED TO BE UPLOADED ON THE GOOGLE APPLICAION FORM***

**INCOMPLETE APPLICATIONS WILL NOT BE ACCEPTED**

**Questions? Please contact Coach Taylor** [**gina.taylor@houstonisd.org**](mailto:gina.taylor@houstonisd.org)

**or Coach Berns** [**Allison.berns@houstonisd.org**](mailto:Allison.berns@houstonisd.org)